



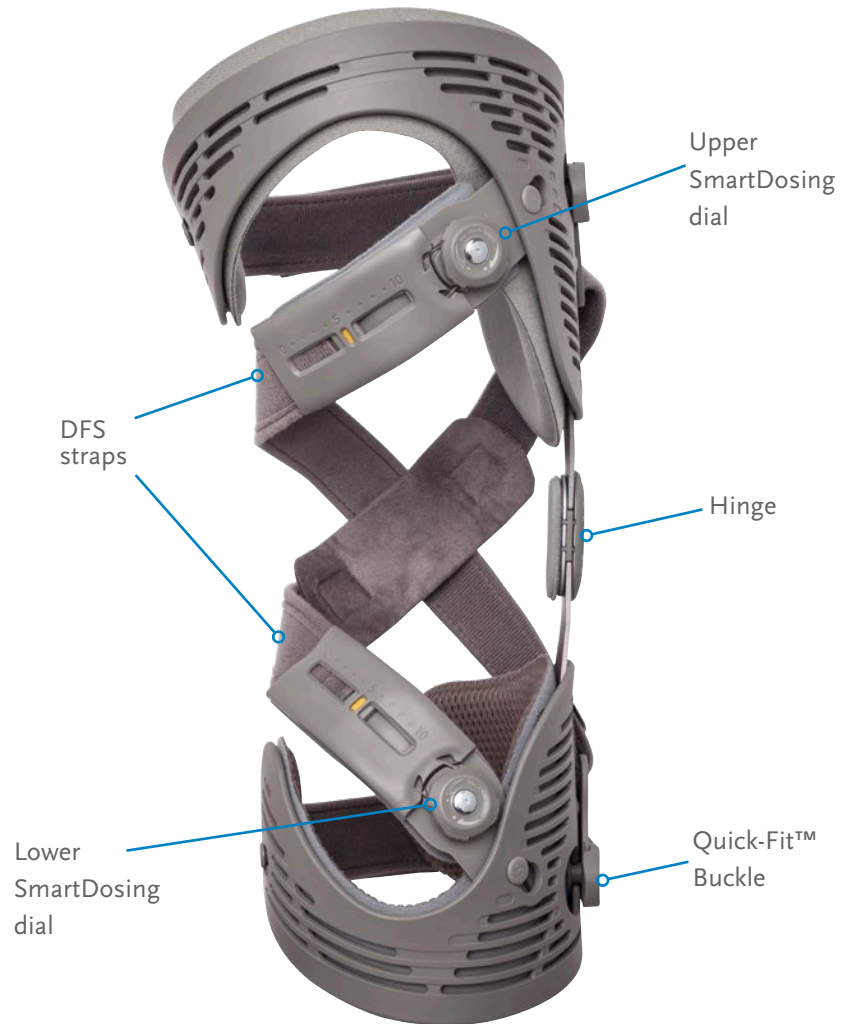
UNLOADER[®] ONE

Patient Guide



Unloader® One with SmartDosing®

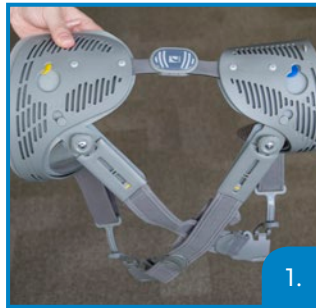
- Correctly applied, the Unloader One will provide pain relief while supporting your knee.
- The brace has a unique strap system, so it essential that you put it on correctly.
- The SmartDosing dials allow you to adjust the amount of tension in the straps and thus the degree of offloading as needed.



Unloader® One with SmartDosing®

Fitting Instructions

1. Open the calf and thigh buckles and make sure that both SmartDosing dials are in the “0” position.
2. Place the brace on the leg. The hinge should always be on the side of the knee, pointing straight. The hinge must be aligned with the center of the knee.
3. Attach the blue calf buckle to the calf shell. Push with the palm of your hand to close, until you hear a click.
4. Attach the yellow thigh buckle to the thigh shell. Again pushing with the palm of your hand to close until you hear a click.
5. Bend your leg slightly if buckles are hard to close
6. Tighten the upper and lower SmartDosing dials by rotating the dials clockwise.
7. The SmartDosing dials allow you to adjust the tension of the DFS straps. Many people find an average setting of “5” will provide adequate pain relief.



REMOVAL INSTRUCTIONS

- Sit with the knee flexed to 90 degrees
- Release the tension of the upper and lower SmartDosing dials by rotating the dials counterclockwise
- Adjust the SmartDosing dials back to a setting of “0”.
- Open both calf and thigh Quick Fit Buckles.
- Remove Quick Fit Buckles from keyholes.
- Remove brace from leg.

HINGE CARE

- For safety reasons, hinge should only be disassembled by a health care professional.
- Check regularly for foreign materials in hinge (i.e. dirt or grass).
- Clean dirt from hinge using tap water and/or compressed air.

WASHING INSTRUCTIONS

- Calf liner may be wiped down in place with rubbing alcohol for quick cleaning
- For more thorough cleaning: liners, straps and strap pads may be removed and washed
- Do not machine wash
- Do not place in dryer
- Hand-wash using mild non-detergent soap
- Rinse thoroughly and air dry

NOTE: If brace is used in salt water or chlorinated water, rinse well with fresh tap water and air dry. A regular service routine will ensure hinge, liners, straps and pads are in optimal working condition.



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