UNLOADER® HIP

From the OA bracing innovators

INDICATIONS FOR USE
• Mild to moderate hip OA (uni- or bi-lateral)

KEY BENEFITS
• Improved mobility
• Hip stability
• Proprioceptive control
HIP OSTEOARTHRITIS

Hip Osteoarthritis (OA) is estimated to affect around 11.8 million people in the United States.¹

PATHOLOGY

- Wear and tear of cartilage in areas of maximum load
- Instability of the hip due to changes in proprioception

THE UNLOADER® HIP – HOW IT WORKS

The Unloader Hip is designed to reduce load on the affected joint surface through rotation and abduction of the femoral head.

External Rotation ↑
Abduction ↑

The adjustment occurs during swing phase, providing adapted positioning at heel strike. Load is thus dispersed through an area of less worn cartilage.
Optimizing Hip OA Management

Treatment of Hip OA is believed to be optimized through a multi-modal approach. Inclusion of the Unloader Hip brace is consistent with these recommendations.

The Unloader Hip is designed to optimize Hip OA treatment in order to improve mobility and decrease pain.

**Easy-To-Use**

The pocket wrap closure system and simple-to-tighten pulley system makes the Unloader Hip easy to use and adjust.

**Optimum Comfort**

With its breathable materials and integrated elastic sections, the Unloader Hip provides a comfortable and snug fit – allowing a discreet fit under clothing.

**Improved Mobility**

The Unloader Hip provides proprioceptive support through compression of the affected area. The Rotation Control Strap then allows individual adjustment of hip abduction and the external rotation force, resulting in improved mobility for users.

A significant improvement in activities of daily living as a result of using the brace was seen over 4 weeks in patients with symptomatic hip OA. Increased activities have been associated with less hip limitations at later disease stages.
UNLOADER HIP

<table>
<thead>
<tr>
<th>Size</th>
<th>Measurements*</th>
<th>Women’s</th>
<th>Men’s</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>31-35” (80-88cm)</td>
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<tr>
<td>Medium</td>
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<tr>
<td>Large</td>
<td>38-41” (96-104cm)</td>
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<tr>
<td>XLarge</td>
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<tr>
<td>XXLarge</td>
<td>45-49” (114-124cm)</td>
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</tbody>
</table>

Accessories can be found in the Össur OA & Injury Solutions Catalog and on the Össur website.

* Measure the hip circumference at the anterior superior iliac spine.

REFERENCES


ÖSSUR’S OA SOLUTIONS

UNLOADER® HIP

INDICATION
- Mild to moderate hip osteoarthritis

UNLOADER® FIT

INDICATION
- Mild to moderate unicompartmental knee osteoarthritis

UNLOADER® ONE

INDICATION
- Moderate to severe unicompartmental knee osteoarthritis

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