UNLOADER ONE® LITE

For mild-to-moderate OA and degenerative meniscal tears
Clinical research by the Steadman Philippon Research Institute demonstrates that Unloader One decreases OA knee pain, improves function and reduces the usage of pain medication.*

THE ORIGINAL. THE STANDARD. THE UNLOADER®

The Unloader pioneered osteoarthritis knee bracing. And in the three decades since its introduction, it has been the most studied and clinically-proven OA knee bracing technology, with 15 studies validating its efficacy.1

While there have been a variety of Unloader braces, the lightweight and low-profile Unloader One is the flagship of the Unloader family. Featuring our proprietary and proven 3-Point Leverage System, SmartDosing powered by Boa® for patient self-dosing and patented Sensil® silicone liners to help prevent migration, Unloader One sets the standard for osteoarthritis knee bracing.

Introducing the latest addition to the Unloader One family: Unloader One Lite. Unloader One Lite weighs just 10 ounces and features a low-profile sleeve design that fits discreetly underneath clothing. Unloader One Lite is indicated for users with lean, athletic legs who have mild-to-moderate knee osteoarthritis or degenerative meniscal tears (see page 4).

STEADMAN PHILIPPON RESEARCH RESULTS

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At 6 months, the following percentages of patients reported a REDUCTION IN MEDICATION USE:

- 25% of patients reduced OTC anti-inflammatories
- 31% of patients reduced prescription anti-inflammatories
- 35% of patients reduced pain medications


Prescribe the Unloader One Lite for any patient. If they are not happy with it for whatever reason, they can return it within 30 days for a full refund.

Proven unloading power.
The efficacy of our proprietary 3-Point Leverage System has been clinically proven by multiple peer-reviewed studies over the past three decades.

Adjustable dosing? Smart!SmartDosing®, powered by Boa® Technology, gives users single-hand dosing control to help them manage their osteoarthritis knee pain on-the-fly.

Barely there.
Unloader One Lite features an ultralight, low-profile sleeve design that fits discreetly and comfortably underneath clothing, helping to encourage patient compliance.

Features

- Sleeve/soft good
- Unloader FIT
- Unloader One®

Unloader Prototype

1986

Unloader ADJ

1992

Unloader ADJ

1999

Unloader One

2006

Unloader One

2017

Unloader One Lite

10 OUNCES

10

30 DAY GUARANTEE

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Unloader One Lite is also available in Custom, Plus and Short versions, see www.ossur.com for further details.
UNLOADER ONE® LITE SUPPORTS THE TREATMENTS OF DEGENERATIVE MENISCAL TEARS

Patients with degenerative meniscal tears suffer from knee pain and limited knee function. In 2/3 of those patients, knee OA is already present, and where not, a degenerative meniscal tear is classified as a pre-OA condition, indicating that ongoing treatment is needed. Recent randomized, controlled clinical trials have shown non-operative treatment of degenerative meniscal tears to be an effective treatment option, with a good clinical outcome in cases where partial meniscectomy is not indicated. Unloader One Lite has been shown to provide unloading of the affected compartment, reducing pain and improving function.

A clinical study of 13 patients with symptomatic degenerative meniscal tears investigated the effect of the Unloader technology.

The unloading effect resulting from the Unloader’s clinically proven 3-point leverage system was shown to provide significant pain reduction (measured by VAS pain score), as well as significant improvement in the total WOMET (Western Ontario Meniscal Evaluation Tool) score and all its subdomains: activity, physical symptoms and emotions.

In later phases of disease progression, the Unloader® technology reduces mechanical overload and has been proven to support knee OA management in active patients.

* The total WOMET score has been converted to a percentage where 100% represents a healthy joint with no problems and 0 represents the worst imaginable symptoms.