

## HOW TO ADJUST RANGE OF MOTION

- Any adjustment should be done on the advice of your health care professional
- Range of Motion (R.O.M.) can be adjusted as required
- If needed, use the screws provided (one screw is already in the hinge a 0°) to limit extension to 20°
- Use the additional screw and Hex Key (provided in the bag) to limit flexion to 70°

