



MIAMI LSO™

Patient Guide

Miami LSO™

Fitting Instructions

The Miami LSO combines anatomical shape, maximum breathability and customized support. Superior immobilization is provided in an easy to use spinal brace.

The Miami LSO should be applied according to the instructions from the supplying clinician. This fitting guide serves as a reminder to complement their instructions.

1. For correct fit, be sure the compression system is stretched to its full width before applying the brace.
2. Lay the brace flat and lie on your back. Position the back panel on the center of your spine
3. Apply the brace by wrapping the belt firmly around your waist

4. Wrap both sides around the front and secure with the overlapping closures
5. Slide thumbs through the holes in the handles and pull until the brace feels firm yet comfortable
6. Attach the handles to the belt.

Removing the Miami LSO™

- Detach handles from the belt and move towards the back of the brace
- Open the belt and remove brace

Note: While seated, you may wish to loosen the compression system by moving the handles toward the back of the belt.

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Care Instructions

The Miami LSO brace is designed for minimum maintenance and care.

- The panel covers may be removed for washing
- Hand washed in warm water (30°C) with mild detergent and rinse thoroughly
- Air dry flat
- Do not machine wash
- Do not tumble dry



View the online patient fitting video at ossur.com/miami-lso.



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