

## ENGLISH

### USES

Emergency and post operative knee support.

### CAUTION

Patients should be instructed to inspect their knee and this product before and after each use. If compression is desired, cover the knee with an elastic wrap before applying the brace.

### PHOTO CAPTIONS

- A. Femoral Cuff and Straps
- B. Locking Buttons and Sizing Indicators
- C. Adjustable Contact Closure
- D. Posterior Stay
- E. Popliteal Pad
- F. Tibial Cuff and Straps

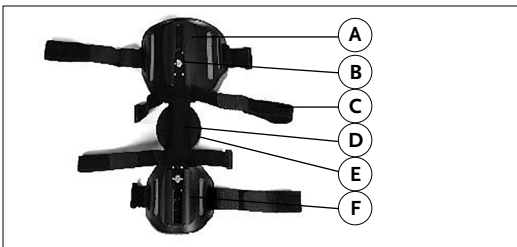
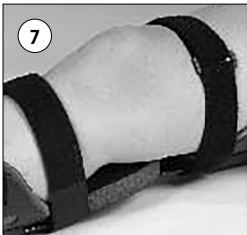
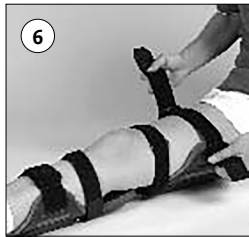
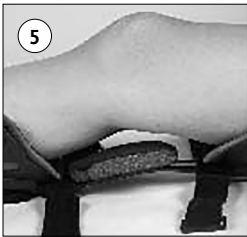
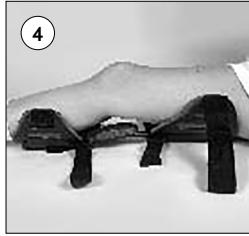
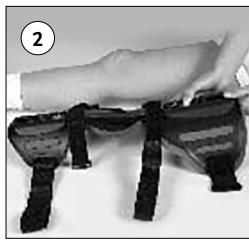
### FITTING INSTRUCTIONS

1. Undo all contact closure straps.
2. Determine length of posterior stay assembly required for the patient. Product is pre-set to a 20" length.
3. Adjust femoral cuff by pressing the blue locking button as shown. Repeat adjustment for the tibial cuff. For best results, place the tibial cuff at or above the calf muscle.
4. Apply posterior stay assembly to the leg. Center the posterior stay along the midline of the leg. This product may be applied over a bare leg (under clothing), over a compression dressing, or over clothing. If over clothing, ensure pant leg is pulled down taut.
5. Center the knee between the two cuffs. Ensure that the popliteal pad is centered behind the knee.
6. Comfortably secure all four straps in order from bottom to top. Ensure that middle adjustable straps are not directly over patella area.
7. If necessary, slide straps up or down for maximum patient comfort. Straps should be positioned at least 2 inches away from the patella.
8. The cuff straps are length adjustable. If one or both of the cuff straps are too long, unfasten the hook strip and move until desired length is achieved. Refasten the hook strip to the strap.

### WASHING INSTRUCTIONS

1. This product may be cleaned using a mild detergent and cold water. Remove cuff pads from posterior stay splint before washing. Do not use bleach or strong detergents. Do not wash in washing machine.
2. Lay cuff pads out flat on a towel and air dry. Do not squeeze or wring out the cuff pads. Do not place in dryer or near heater.

Exoform® Cool Knee Immobilizer is covered by U.S. and foreign patents pending. ® indicates registration in U.S.A. and selected countries only.



## Exoform® Cool Knee Immobilizer

Part #	Description	Length	U/M
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Rev. 2

**ÖSSUR**  
LIFE WITHOUT LIMITATIONS



Instructions for Use

EXOFORM® COOL KNEE  
IMMOBILIZER