

ICEROSS[®] POST-OP TT & TF

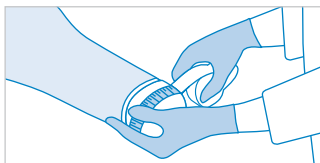
Quick Reference Card



Early treatment with an Iceross Post-Op liner has been shown to assist early mobilisation and speed up the wound healing process of the residual limb. This Quick Reference Card gives easy step by step guidance regarding the usage and cleaning process of the liner and to obtain the same compression irrespective of who is applying the liner.

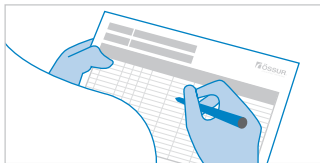
1 Size selection

- A** **TT:** Bend knee slightly, soft tissue hanging down
TF: Lift residual limb slightly



- B** Measure 4 cm from distal end

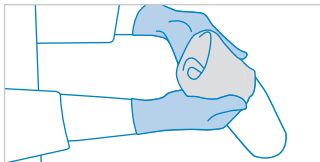
- C** Measure circumference at 4 cm from distal end



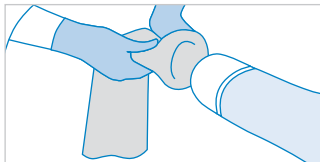
- D** Select liner size matching the circumference or next available smaller size

- E** Add measurements to treatment chart

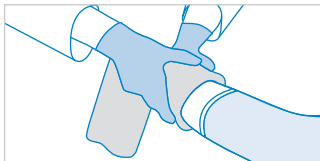
2 Donning



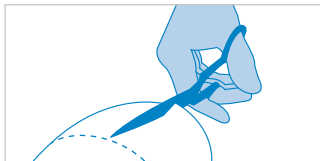
A Turn liner inside out



B Position the completely inverted liner against residual limb



C Roll liner all the way up
TT: Knee bended slightly
TF: Lift residual limb slightly

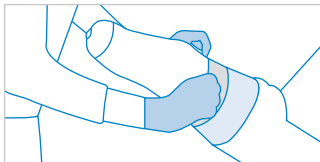


D TF: If necessary, cut liner to anatomical shape

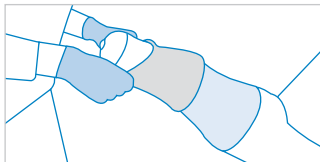
Note

- Check for air pockets. Re-apply if present
- Note time of application

3 Doffing



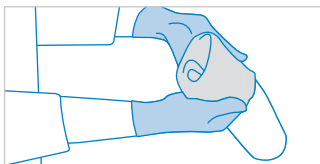
A Invert proximal edge



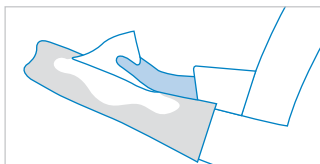
B Roll off gently from proximal to distal

- Note time of removal

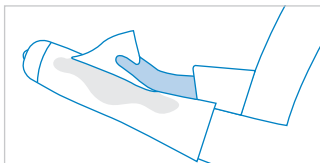
4 Cleaning for daily use



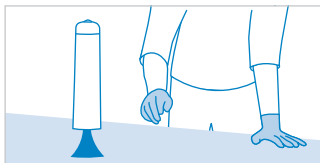
A Turn liner inside out



B Wipe surface with alcohol-impregnated wipes until completely wet

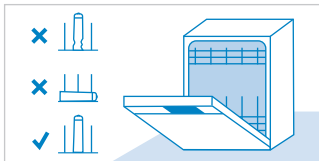


C Turn liner back to normal and repeat for outside

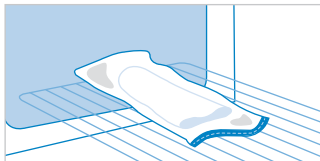


D Allow to dry

5 Sterilization



- A** Clean and disinfect
- Washing disinfectant
90 °C / 5 min.
 - Or manually as described
for daily cleaning

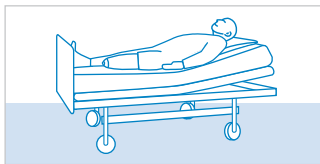


- B** Sterilization
- Place liner in sterilization
film and seal both ends
 - Sterilize in autoclave with
fractionated pre-vacuum
and moist heat at 134° /
at least 5 min.

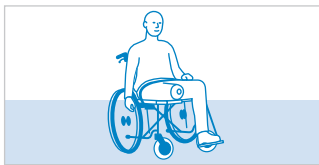
6 Positioning of patient



- A** Venous problems



- B** Arterial problems



- C** Wheel chair



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